

## LABOR AND DELIVERY CROSSWORD PUZZLE

Complete the crossword puzzle on the following page.

### CLUES:

#### ACROSS

1. A small incision to prevent tearing.
6. The cervix dilates from about 1/4 inch to \_\_\_\_\_ inches.
7. The energy and effort used to move the baby out of the mother's body.
8. After the baby is born, contractions continue causing the placenta to separate from the \_\_\_\_\_.
9. The baby's head moves from the uterus and into the vagina.
10. Passage of the mucous \_\_\_\_\_ from the cervix is sometimes referred to as "the show."
11. Opening to the uterus.
12. Refers to the cervix stretching and expanding.
18. The bag of \_\_\_\_\_ may rupture, signaling the onset of labor.
19. \_\_\_\_\_ extraction--a type of suction applied to the baby's head to help pull it through the birth canal.
20. \_\_\_\_\_ section--an incision is made in the mother's abdomen and uterus, and the baby is removed through the opening.
21. Another name for the birth canal.

#### DOWN:

1. \_\_\_\_\_ stage--the stage of labor that begins when the baby's head is in the birth canal and ends when the baby is born.
2. Contractions are \_\_\_\_\_ muscle movements because they cannot be controlled by the mother.
3. A substance contained in the afterbirth.
4. Refers to the time when the baby's head is first seen.
5. Involuntary muscle movements.
6. Tongs that fit the shape of the baby's head, used to help control movement of the baby.
7. The baby dropping lower in the pelvis.
13. Consists of placenta, umbilical cord, amniotic sac, and lochia.
14. A fetal \_\_\_\_\_ records the strength and duration of contractions and the baby's heartbeat.
15. In most cases, the baby's face is looking \_\_\_\_\_ as the head emerges.
16. In the second stage of labor, the purpose of the contractions is to push the baby through the \_\_\_\_\_ and the birth canal.
17. Refers to a baby positioned with feet, buttocks, or shoulders first.

Name \_\_\_\_\_

Hour \_\_\_\_\_

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## WORDLIST:

AFTERBIRTH  
CESAREAN  
DILATION  
EXPULSION  
LABOR  
FOUR  
PLUG  
VACUUM

BREECH  
CONTRACTIONS  
DOWNWARD  
FORCEPS  
LIGHTENING  
MONITOR  
TRANSITION  
VAGINA

CERVIX  
CROWNING  
EPISIOTOMY  
INVOLUNTARY  
LOCHIA  
PELVIS  
UTERUS  
WATERS